

September Burbank Breakfast Menu

FREE MEALS
To All Enrolled Students

Arbor A+ Nutrition Mission

To serve students daily:

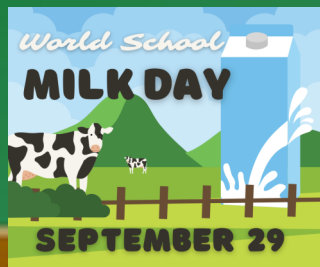
- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Cereal Graham Bear Fruit of the Day 100% Juice Choice of Milk	Banana Bread Fruit of the Day 100% Juice Choice of Milk	Cinnamon Pop-Tart Graham Bear Fruit of the Day 100% Juice Choice of Milk
6	7	8	9	10
Labor Day No School	Whole Grain Bagel Jelly Fruit of the Day 100% Juice Choice of Milk	Cereal Graham Bear Fruit of the Day 100% Juice Choice of Milk	Benefit Bar Fruit of the Day 100% Juice Choice of Milk	Apple Muffin Cheese Stick Fruit of the Day 100% Juice Choice of Milk
13	14	15	16	17
Apple Oatmeal Bar Fruit of the Day 100% Juice Choice of Milk	Strawberry Mini Bagels Fruit of the Day 100% Juice Choice of Milk	Lemon Blueberry Bites Cheese Stick Fruit of the Day 100% Juice Choice of Milk	Banana Muffin Graham Bear Fruit of the Day 100% Juice Choice of Milk	Cereal Cheese Stick Fruit of the Day 100% Juice Choice of Milk
20	21	22	23	24
Vanilla Belgian Waffle Fruit of the Day 100% Juice Choice of Milk	Mini Powdered Donuts Fruit of the Day 100% Juice Choice of Milk	Banana Bread Fruit of the Day 100% Juice Choice of Milk	Cereal Graham Bear Fruit of the Day 100% Juice Choice of Milk	Strawberry Pop-Tart Graham Bear Fruit of the Day 100% Juice Choice of Milk
27	28	29 World School Milk Day	30	
Strawberry Chex Mix Cheese Stick Fruit of the Day 100% Juice Choice of Milk	Whole Grain Bagel Jelly Fruit of the Day 100% Juice Choice of Milk	Mini Cinnamon Rolls Fruit of the Day 100% Juice Choice of Milk	Cereal Graham Bear Fruit of the Day 100% Juice Choice of Milk	

Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.

